



# 3 DAY DETOX WORKSHOP

Do YOU suffer from any of these symptoms?

Lack of energy	Weight problems
Insomnia	Mood Swings
Inability to concentrate	Headaches
Painful muscles and joints	Eczema
Asthma	Allergies

**CLEANSE and RESOLVE** these issues through an intense **JUICING, YOGA, EFT** (Emotional Freedom Technique), **NLP, COLONIC IRRIGATION, MEDITATION and NUTRITION** program

To find out more information please ask for an introduction pack

An all inclusive package for 3 days

21<sup>st</sup>-23<sup>rd</sup> May 2010

(Future dates planned for July and Oct 2010)

at The Haven Therapy Centre

790 Kenton Lane, Harrow Weald, Middlesex HA3 6AG

[www.haventherapy.co.uk](http://www.haventherapy.co.uk)

For more information or to book call Fiona Fidler

on 0208 416 0790

(Limited Spaces)

